ALL STAR SHIFT CHART – TIER 1

[shifts are three minutes each]

GOALIE + 8 PLAYERS

	FIRST PERIOD					SECOND PERIOD				
# + PLAYER	1st	2nd	3rd	4th	5th	1st	2nd	3rd	4th	5th
	x		x		x		x		x	
	x		x		x		x		x	
	x		x		x		x		x	
	x		x		x		x		x	
		x		x		x		x		x
		x		x		x		x		x
		x		x		x		x		x
		x		x		x		x		x

GOALIE + 7 PLAYERS

	FIRST PERIOD					SECOND PERIOD				
# + PLAYER	1st	2nd	3rd	4th	5th	1st	2nd	3rd	4th	5th
	x		x		x		x	x		x
	x		x		x	x		x		x
	x		x	x		x		x		x
	x	x		x		x		x	x	
		x		x		x	x		x	
		x		x	x		x		x	
		x	x		x		x		x	x

GOALIE + 6 PLAYERS

	FIRST PERIOD					SECOND PERIOD				
# + PLAYER	1st	2nd	3rd	4th	5th	1st	2nd	3rd	4th	5th
	x		x	x		x	x		x	x
	x		x	x		x	x		x	x
	x	x		x	x		x	x		x
	x	x		x	x		x	x		x
		x	x		x	x		x	x	
		x	x		x	x		x	x	

GOALIE + 5 PLAYERS

	FIRST PERIOD					SECOND PERIOD				
# + PLAYER	1st	2nd	3rd	4th	5th	1st	2nd	3rd	4th	5th
	x		x	x	x	x		x	x	x
	x	x		x	x	x	x		x	x
	x	x	x		x	x	x	x		x
	x	x	x	x		x	x	x	x	
		x	x	x	x		x	x	x	x